

Psychology 471: Adolescence (Promissory Version)

Spring 2021 (Remote with Synchronous Class Meetings)

Instructor Information

Instructor

Dr. Andrea Hussong

Email

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Office Location & Hours

Tues and Thurs 9:30-10:45 (001)
Tues and Thurs 2:00-3:15 (002)

General Information

Description

This course surveys key issues in adolescent development spanning ages 11-25 (using the World Health Organization definition for youth). The approach is to review foundational topics in synchronous lectures and break-out applications and to allow students to dive more deeply into applications pertaining to challenges and competences common to this developmental period. The format is remote, mostly synchronous.

Expectations and Goals

I am still developing the assignments but here is what I am thinking now that I know the format.

You will have assigned materials to review in preparation for every class. These will include such sources as readings from a textbook, journal articles, popular press, or other outlets; videos; and podcasts. Assume 30-60 minutes of preparation time for each class period.

We will use break out rooms and class activities heavily. I will assume that you have done the reading and reviewed the preparation questions to prepare for class. I will also assume that you are comfortable on zoom and able to navigate that space comfortably, but I will offer support for anyone who needs it. This is largely a cameras-on class, but I recognize that extenuating circumstances may need to be considered. My goal is to support engagement across students with flexibility as needed.

Grading will be based primarily on four outputs.

Low-stakes quizzes and in-class reactions to make sure take-home points are in your back pocket.

Two mid-term exams designed to consolidate and apply knowledge at pivotal points during the semester.

A final-exam to integrate what you have learned over the course of the semester.

And small group project. These working groups of four students each will meet throughout the semester to review materials relevant to creating a brief in-service video for people who may work with youth as teachers, mentors, parents, coaches or others. Group topics will include applied issues such as substance use, activism, suicide, compassion, career development, achievement, relationships, stress management, and prosocial behavior.

Course Materials

Required Materials

- Most likely we'll have a textbook. I'm still evaluating our options.
- Additional materials and everything else you would need will be posted on Sakai.

Course Schedule

Note: You should plan to attend all class days online for this semester as indicated below. Days in Yellow denote split class sessions in which you will meet either with me or in a break out room with your group members for the entire period. Days in Blue indicate Exams administered synchronously. And days in Green indicate group presentations (more details coming).

#	Date	Day	GROUP A	GROUP B	TOPIC
1	1/19	T	Synchronous Intro	Synchronous Intro	Introduction
2	1/21	R	Synchronous Class	Synchronous Class	Defining Adolescence
3	1/26	T	Synchronous Class	Synchronous Class	Foundational theory
4	1/28	R	Synchronous Class	Synchronous Class	Cultural Models
5	2/2	T	Group Meeting	Split Class Project	Cultural Models /
6	2/4	R	Split Class Project	Group Meeting	Group Assignment
7	2/9	T	Synchronous Class	Synchronous Class	Societal Structures
8	2/11	R	EXAM	EXAM	
2/16 T Wellness Day					
9	2/18	R	Synchronous Class	Synchronous Class	Biology
10	2/23	T	Synchronous Class	Synchronous Class	Cognition
11	2/25	R	Synchronous Class	Synchronous Class	Identity
12	3/2	T	Group Meeting	Split Class Project	Identity /
13	3/4	R	Split Class Project	Group Meeting	Group Assignment
14	3/9	T	Synchronous Class	Synchronous Class	Autonomy
3/11 T Wellness Day					
15	3/16	T	Synchronous Class	Synchronous Class	Intimacy
16	3/18	R	Group Meeting	Split Class Project	Sexuality and Gender /
17	3/23	T	Split Class Project	Group Meeting	Group Assignment
18	3/25	R	Synchronous Review	Synchronous Review	
19	3/30	T	EXAM	EXAM	
20	4/1	R	Synchronous Class	Synchronous Class	Family
21	4/6	T	Synchronous Class	Synchronous Class	Friends
22	4/8	R	Synchronous Class	Synchronous Class	Social Media
23	4/13	T	Group Meeting	Split Class Project	Transactions /
24	4/15	R	Split Class Project	Group Meeting	Group Assignment
25	4/20	T	Group Presentations	Group Presentations	
26	4/22	R	Group Presentations	Group Presentations	
27	4/27	T	Synchronous Class	Synchronous Class	Thriving in Emerging Adulthood
28	4/29	R	Synchronous Class	Synchronous Class	Thriving in Emerging Adulthood
29	5/4	T	Wrap-Up	Wrap-Up	
30	TBD	TBD	FINAL EXAM	FINAL EXAM	